

January 2025

WMCTC

LUNCH MENU

MON	TUES	WED	THURS	FRI
			Teriyaki Chicken & Rice <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Applesauce	Orange Chicken & Rice <u>VEG Of The Day</u> Tater Tots <u>Fruit of the Day</u> Oranges
Pancakes & Sausage <u>VEG Of The Day</u> Hashbrowns <u>Fruit of the Day</u> Mixed Fruit	Meatball Sandwich <u>VEG Of The Day</u> Carrots <u>Fruit of the Day</u> Diced Pears	Chicken Alfredo <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Diced Peaches	Spaghetti & Meatballs <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Applesauce	Bosco Sticks <u>VEG Of The Day</u> Tater Tots <u>Fruit of the Day</u> Oranges
French Toast & Sausage <u>VEG Of The Day</u> Hashbrowns <u>Fruit of the Day</u> Mixed Fruit	Walking Taco <u>VEG Of The Day</u> Carrots <u>Fruit of the Day</u> Diced Pears	Bean & Cheese Burrito <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Diced Peaches	Chicken Tacos <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Applesauce	Beef Nachos <u>VEG Of The Day</u> Tater Tots <u>Fruit of the Day</u> Oranges
No School	General Tso's Chicken & Rice <u>VEG Of The Day</u> Carrots <u>Fruit of the Day</u> Diced Pears	Egg Roll & Rice <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Diced Peaches	Teriyaki Chicken & Rice <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Applesauce	Orange Chicken & Rice <u>VEG Of The Day</u> Tater Tots <u>Fruit of the Day</u> Oranges
Pancakes & Sausage <u>VEG Of The Day</u> Hashbrowns <u>Fruit of the Day</u> Mixed Fruit	Meatball Sandwich <u>VEG Of The Day</u> Carrots <u>Fruit of the Day</u> Diced Pears	Chicken Alfredo <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Diced Peaches	Spaghetti & Meatballs <u>VEG Of The Day</u> Green Beans <u>Fruit of the Day</u> Applesauce	Bosco Sticks <u>VEG Of The Day</u> Tater Tots <u>Fruit of the Day</u> Oranges

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

Menus are subject to change.

Available Daily:

Cheeseburger/Hamburger
Grilled Cheese
Pepperoni Pizza/Cheese Pizza
Popcorn Chicken Spicy/Plain
Mini Corn Dogs
Pizza Crunchers

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STUDENT
NUTRITION

This institution is an equal opportunity provider.